

Spa METROPOLE BY
GIVENCHY

ODYSSEY
BY
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COLLECTION OF TREATMENTS

GIVENCHY SIGNATURE TREATMENTS

EXCEPTIONAL RITUALS BY GIVENCHY.

LE SOIN NOIR RENAISSANCE ABSOLUE – 120 MIN

450 €

FACE AND BODY - SKINCARE WITH EXCEPTIONAL REVITALIZING CAPACITIES

“SIGNATURE” METROPOLE TREATMENT BY GIVENCHY – 90 MIN

315 €

FACE AND BODY - THE LUXURY OF A CUSTOM-TAILORED TREATMENT

LE SOIN NOIR REGARD SUBLIME – 30 MIN

135 €

EYE CARE : A FASCINATING AND SINGULAR EXPERIENCE

GIVENCHY FACIAL TREATMENTS

ENHANCE YOUR SKIN'S NATURAL BEAUTY, BOOST RADIANCE
AND REVEAL YOUTHFULNESS.

LE SOIN NOIR – 90 MIN SIGNATURE FACIAL TREATMENT	285 €
L'INTEMPOREL – 75 MIN ANTI-AGING TREATMENT	260 €
SKIN RESSOURCE – 60 MIN ANTI-STRESS MOISTURISING TREATMENT	210 €
BLANC DIVIN – 60 MIN BRIGHTENING SPOT CORRECTOR TREATMENT	210 €
SHINE NO MORE – 60 MIN INTENSE PURIFYING TREATMENT	210 €
MAN BY GIVENCHY – 60 MIN SPECIFIC TREATMENT FOR MEN	210 €
SKIN PERFECTO – 45 / 90 MIN ANTI FATIGUE AND RADIANCE TREATMENT	190 € / 270 €

GIVENCHY SIGNATURE MASSAGE

EXCLUSIVELY CREATED FOR HOTEL METROPOLE MONTE-CARLO.

AFTER BREATHING EXERCISES TO LET GO AND GENTLE FACIAL CLEANSING,
THE MASSAGE CONTINUES WITH BODY MOVEMENTS INSPIRED BY THAI
AND CHINESE MEDICINE.

AN INVIGORATING EXPERIENCE THAT BOOSTS ENERGY FLOWS.

90 MIN / 300 €

GIVENCHY MASSAGES

SKILFULLY CHOREOGRAPHED RITUALS, PERSONALISED
TO MEET YOUR NEEDS AND EXPECTATIONS.

MUSCLE COACHING – 60 / 90 MIN

235 € / 285 €

PREPARES AND REPAIRS

DIVINE HARMONY – 60 / 90 MIN

210 € / 270 €

ABSOLUTE WELL-BEING

ENERGY BOOST – 60 / 90 MIN

210 € / 270 €

ENERGISES AND INVIGORATES FOR A REGAINED BALANCE

DETOX – 60 / 90 MIN

210 € / 270 €

STIMULATES BLOOD CIRCULATION AND ELIMINATES TOXINS

MOTHER-TO-BE – 60 MIN

210 €

COCOONING AND ENVELOPING

STRESS RELIEF – 45 MIN

190 €

RELIEVES AND EASES TENSIONS DEEP DOWN

GIVENCHY BODY TREATMENTS

THREE ESSENTIAL PROTOCOLS TO REVITALISE, PURIFY
AND ILLUMINATE YOUR SKIN.

FIT & SLIM – 60 MIN

220 €

SLIMMING TREATMENT

6 SESSIONS 1 100 €

THE TONING SCRUB – 45 MIN

155 €

FOR MEN AND WOMEN OF ALL AGES AND SKIN TYPES
SUBLIMATES THE SKIN AND TONES-UP THE BODY

THE PAMPERING WRAP – 45 MIN

155 €

FOR MEN AND WOMEN
DEEP REGENERATION OF THE SKIN

THE GIVENCHY MAKE OVER

WHEN THE GIVENCHY BEAUTY EXPERIENCE
EXTENDS INTO MAKEUP RITUALS

DAY / EVENING MAKEUP – 60 MIN

200 €

FLASH MAKEUP – 30 MIN

100 €

GIVENCHY INTERLUDES

FACE AND BODY TREATMENTS COMBINED IN DUO OR TRIO
TO RESPOND TO THE NEEDS AND DESIRES OF THE MOMENT

CELESTIAL BODY INTERLUDE – 120 MIN

395 €

SCRUB, WRAP AND VOLUPTUOUS BODY MASSAGE

ANTI-JET LAG INTERLUDE – 90 MIN

305 €

BODY MASSAGE AND FACIAL TREATMENT SPECIFICALLY FOR TRAVEL

ALL-AROUND BEAUTY INTERLUDE – 75 MIN

265 €

DRAINING BODY MASSAGE AND ILLUMINATING FACIAL TREATMENT

OUR SINGLE SUITE INCLUDING BATH AND PRIVATE STEAM ROOM

55 € / H

OUR COUPLE SUITE INCLUDING BATH AND PRIVATE STEAM ROOM

95 € / H

OUR TREATMENTS ARE AVAILABLE IN YOUR ROOM WITH AN EXTRA CHARGE OF 25%.
OUR TREATMENTS ARE AVAILABLE AFTER SPA OPENING HOURS WITH AN EXTRA CHARGE OF 50%.

PEDI:MANI:CURE STUDIO BY BASTIEN GONZALEZ

SIGNATURE

BASTIEN'S DUO (2 THERAPISTS) – 75 MIN	315 €
ULTIME PEDICURE MONTE-CARLO – 90 MIN	260 €
ULTIME MANICURE MONTE-CARLO – 75 MIN	220 €

TREATMENTS

BASTIEN'S PEDICURE – 60 MIN	165 €
FOOT BEAUTY "REVERENCE DE BASTIEN" – 60 MIN	145 €
BASTIEN'S MANICURE – 60 MIN	120 €
NAILS BRIGHTNESS – 40 MIN	115 €

REMEDIAL MASSAGES

FOOT RE-FOUNDATION – 35 MIN	110 €
GLOBAL MESSAGE RE-FOUNDATION – 35 MIN	125 €

ADDITIONAL SERVICES

"BLACK DIAMOND SCRUB" TOUCH – 15 MIN	40 €
PARAFFIN TOUCH – 15 MIN	40 €
COLOUR TOUCH – 30 MIN	35 €

BGAINSOLES[®]

CONSULTATION - 30 MIN	80 €
SPORT OR CITY INSOLE	220 €
HIGH-HEELS SOLES	180 €

SPORT ACTIVITIES

BODY CONTROL

YOGA – 60 MIN	145 € / DUO 225 €
PILATES – 60 MIN	145 € / DUO 225 €
STRETCHING – 60 MIN	145 € / DUO 225 €

OUTDOOR

FOOTING

1 HOUR	140 € / DUO 220 €
2 HOURS	250 € / DUO 300 €

BEAUTY TOUCH / LUXE

15 € / 70 €

NORDIC WALKING

2 HOURS

200 € / DUO 250 €

3 HOURS

300 € / DUO 350 €

4 HOURS

400 € / DUO 450 €

SWIMMING POOL

AQUAGYM LESSON – 45 MIN

140 €

SWIMMING LESSON – 30 MIN

120 €

FITNESS STUDIO

COACHING LESSON – 60 MIN

130 € / DUO 210 €

GLOBAL MUSCULAR REINFORCEMENT – 60 MIN

130 € / DUO 210 €

CIRCUIT TRAINING – 60 MIN

130 € / DUO 210 €

DAY SPA & RITUALS

INDULGE YOURSELF OR YOUR GUESTS WITH OUR EXCLUSIVE
AND INNOVATIVE TREATMENTS AND RITUALS, IN AN ELEGANT
AND GLAMOUROUS ATMOSPHERE.



DAY SPA RELAX

450 €

FACIAL TREATMENT "RESSOURCE" – 60 MIN

BODY MASSAGE "DIVINE HARMONY" – 60 MIN

WELLNESS LUNCH AT ODYSSEY RESTAURANT

ACCESS TO THE HEAT EXPERIENCE AND FITNESS STUDIO

DAY SPA BEAUTY

660 €

FACIAL TREATMENT "L'INTEMPOREL" – 75 MIN

BODY MASSAGE "DETOX" – 90 MIN

MANICURE OR PEDICURE BY BASTIEN GONZALEZ – 60 MIN

WELLNESS LUNCH AT ODYSSEY RESTAURANT

ACCESS TO THE HEAT EXPERIENCE AND FITNESS STUDIO

DAY SPA ELEGANCE

760 €

OUR SIGNATURE FACIAL TREATMENT "LE SOIN NOIR" – 90 MIN

THE "TONING SCRUB" – 45 MIN

THE "PAMPERING WRAP" – 45 MIN

MANICURE BY BASTIEN GONZALEZ – 45 MIN

PEDICURE BY BASTIEN GONZALEZ – 60 MIN

WELLNESS LUNCH AT ODYSSEY RESTAURANT

ACCESS TO THE HEAT EXPERIENCE, FITNESS STUDIO AND TO THE POOL AREA

URBAN RETREATS

BOOST YOUR ENERGY AND YOUR PHYSICAL FITNESS
WITH OUR PERSONALISED OFFERINGS.

HALF DAY: 315 €

FULL DAY: 525 €

DETOX

PURIFY REVITALISE REGENERATE

HALF DAY

PILATES SESSION – 60 MIN

DETOX COCKTAIL

BODY MASSAGE “ENERGY BOOST” – 60 MIN

FULL DAY

PILATES SESSION – 60 MIN

FACIAL TREATMENT “RESSOURCE” – 60 MIN

WELLNESS LUNCH AT ODYSSEY RESTAURANT

BODY MASSAGE “ENERGY BOOST” – 60 MIN

BEAUTY

REJUVENATE REMODEL SUBLIMATE

HALF DAY

SIGNATURE FACIAL TREATMENT “LE SOIN NOIR” – 90 MIN

ANTIOXIDANT COCKTAIL

FLASH MAKEUP – 30 MIN

FULL DAY

SIGNATURE FACIAL TREATMENT “LE SOIN NOIR” – 90 MIN

WELLNESS LUNCH AT ODYSSEY RESTAURANT

PEDICURE BY BASTIEN GONZALEZ – 60 MIN

FLASH MAKEUP – 30 MIN

ZEN

RELAX REGENERATE UNWIND

HALF DAY

YOGA SESSION – 60 MIN

SOOTHING COCKTAIL

BODY MASSAGE “DIVINE HARMONY” – 60 MIN

FULL DAY

YOGA SESSION – 60 MIN

WELLNESS LUNCH AT ODYSSEY RESTAURANT

FOOT REFLEXOLOGY – 60 MIN

BODY MASSAGE “DIVINE HARMONY” – 60 MIN

BOOT CAMP

ENERGISE TONE-UP REJUVENATE

HALF DAY

CIRCUIT TRAINING SESSION – 60 MIN

ENERGISING COCKTAIL

BODY MASSAGE “MUSCLE COACHING” – 60 MIN

FULL DAY

CIRCUIT TRAINING SESSION – 60 MIN

AQUAGYM LESSON – 30 MIN

WELLNESS LUNCH AT ODYSSEY RESTAURANT

BODY SCRUB – 30 MIN

BODY MASSAGE “MUSCLE COACHING” – 60 MIN

SPA ETIQUETTE

ACCESS

EXTERNAL GUESTS MAY BOOK TREATMENTS AT THE SPA. THE ACCESS TO ODYSSEY IS RESTRICTED TO MEMBERS AND HOTEL GUESTS. COMPLIMENTARY VALET PARKING.

OPENING HOURS

THE SWIMMING POOL, FITNESS STUDIO AND HEAT EXPERIENCE ARE OPEN EVERY DAY FROM 7AM TO 9PM. SPA TREATMENTS ARE AVAILABLE DAILY BETWEEN 10AM AND 8PM UPON RESERVATION. ODYSSEY RESTAURANT IS OPEN DAILY FOR LUNCH FROM 12:15PM TO 3PM (SNACKING UNTIL 5PM) AND FROM JUNE TO SEPTEMBER FROM 7:30PM TO 11PM FOR DINNER.

SPA ARRIVAL

TO ENJOY A PERSONALISED AND UNIQUE EXPERIENCE, WE RECOMMEND TO ARRIVE AT THE SPA AT LEAST 20 MIN BEFORE THE START OF YOUR TREATMENT. IF YOU ARRIVE LATE FOR AN APPOINTMENT, YOU WILL RECEIVE THE BEST TREATMENT POSSIBLE WITHIN THE REMAINING APPOINTMENT TIME. FULL TREATMENT COST APPLIES.

SAUNA / HAMMAM / CALDARIUM

FOR EVERYONE'S COMFORT, A BATHING SUIT IS MANDATORY WITHIN ALL THE MIXED AREAS.

AGE POLICY

CHILDREN UNDER THE AGE OF 16 ARE WELCOME TO VISIT THE SPA, HOWEVER, MUST BE ACCOMPANIED BY AN ADULT. SOME TREATMENTS ARE NOT RECOMMENDED FOR MINORS.

HEALTH INFORMATION

PLEASE ADVISE US OF ANY SPECIAL HEALTH CONDITION, ALLERGIES OR INJURIES THAT COULD AFFECT YOUR RITUAL TREATMENTS OR THE USE OF THE SPA FACILITIES.

CANCELLATION POLICY

IF YOU RESCHEDULE OR CANCEL YOUR APPOINTMENT, PLEASE NOTIFY THE SPA 24 HOURS IN ADVANCE TO AVOID BEING CHARGED THE FULL AMOUNT. (A CREDIT CARD WILL BE REQUIRED TO SECURE ALL BOOKINGS EXCEPT FOR HOTEL GUESTS).

LOSS OR DAMAGE

THE METROPOLE SPA BY GIVENCHY PROVIDES EACH CLIENT WITH A CLOAKROOM AND LINEN WHILE AT THE SPA. THE MANAGEMENT IS NOT RESPONSIBLE FOR ANY LOSS OR DAMAGE TO PERSONAL VALUABLES INSIDE THE SPA.

INFORMATION & RESERVATION

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