



Spa METROPOLE BY
GIVENCHY

Spa METROPOLE BY
GIVENCHY



GIVENCHY AND HOTEL METROPOLE MONTE-CARLO, A BEAUTIFUL ALLIANCE

It's one of the most prestigious addresses in Monaco. A luxury hotel from another era, a sumptuous retreat away from the hustle and bustle in the heart of the Principality... Located in the Carré d'Or overlooking the Mediterranean, Hotel Metropole Monte-Carlo has a unique atmosphere steeped in history and soul.

The palace was built in 1889 in the purest Belle Époque style. It was fully renovated in 2004 under the direction of French designer **Jacques Garcia**, who knew how to preserve its Mediterranean charm while giving it a new lease on life that combines sophistication and delights for the senses.

From the 126 rooms and suites to the restaurants and pool, everything at Hotel Metropole is dedicated to the pleasures in life.





The three restaurants represent three unique gastronomic experiences.

Boasting two Michelin stars, the Metropole Monte-Carlo Restaurant offers a refined menu with Mediterranean flavours, while Yoshi, the world's only Japanese restaurant on the French Riviera boasting a Michelin star, serves up brilliant reinventions of traditional Japanese cuisine. As for Odyssey, the lounge-restaurant imagined and designed by **Karl Lagerfeld**, it unveils a light and modern cuisine, from the terrace, the restaurant to the gardens and pool house. This is a space where lines and curves meld into one another, where the elements converge around the heated salt water pool in a grand splash of light conceived by Karl Lagerfeld.

It's fair to say that thanks to a genuine quest for perfection, Hotel Metropole Monte-Carlo offers its guests the very best in design, gastronomy and wellbeing. This is why Givenchy came to unveil a spa specifically designed for this exceptional hotel.



SPA METROPOLE BY GIVENCHY, THE LUXURY OF TAKING TIME FOR YOURSELF

Clean lines and noble materials...
Designed by architect **Didier Gomez**, Spa Metropole by Givenchy reflects the House's sophistication and modernity down to every last detail.

The entrance sets the tone with its marble finish and proportions accentuated by sleek, bold black lines. Contemporary materials can be found alongside a digital plant wall throughout the interior, for absolute serenity. The corridor leading to the treatment rooms offers an immersive experience in which an unexpected encounter with nature is heightened by a subtle play of light, creating a vibrant and intimate atmosphere.



All ten treatment rooms are decorated in nuanced shades of white, with embossed walls that evoke the lace of Haute Couture gowns. These include a double suite and a single suite equipped with a bath and private hammam.

For a touch of luxury, guests may choose a fragrance to accompany them throughout their experience. This is sprayed on a tissue in the pocket of their bathrobe or on the massage table. All treatments and massages end with a refreshing ritual using cryotherapy technology, for a gentle way to prolong this moment of serenity.





The spa offers a “Heat Experience” package, which includes the sauna, hammam, caldarium, ice fountain and sensory showers. It also boasts a gym with all the latest equipments (Technogym, Kinesis Personal and Kinesis Stations) as well as a Pedi:Mani:Cure studio by **Bastien Gonzalez**. The background music was created by **Béatrice Ardisson** to accompany and personalise the experience in the treatment rooms, where guests can choose a playlist based on their own musical preferences.

Last but not least, a dedicated Givenchy beauty boutique brings together all the brand’s products, from makeup and skincare to fragrances. The exclusive L’Atelier de Givenchy fragrance collection makes its debut here in Monaco. The collection includes 11 precious fragrances, each with a unique identity, for an olfactory wardrobe that allows both men and women to assert their style.





THE PHILOSOPHY OF WELLNESS BY GIVENCHY

"The secret to elegance is being yourself." These words of wisdom from Hubert de Givenchy say everything, or almost everything, you need to know about the philosophy behind the Givenchy spas. Because beauty by Givenchy is much more than a simple treatment; it's an experience – the key to elegance radiating from within.

In an alchemy of advanced formulas, sumptuous textures and, of course, skilfully mastered rituals, the House's products used in Givenchy spas unleash their full potential in the hands of experts trained to employ precisely choreographed protocols. All face and body care treatments are exclusively designed, personalised rituals that combine effectiveness and sensory delight.

The promise of an absolutely unforgettable moment all to yourself.

"The secret to elegance is being yourself."

Givenchy skincare products such as Le Soin Noir, L'Intemporel and Hydra Sparkling rely on the latest scientific discoveries for targeted solutions for all skin types. This is an essential step in your beauty routine that can be prolonged by the Givenchy Le MakeUp range, which offers creative expression, advanced formulas and the brand's extraordinary colour expertise.

Excellence and innovation: these have been the hallmarks of Givenchy spas for over 20 years. These exceptional spaces promise glowing skin, a relaxed body and a soothed mind, leaving you more serene than ever before. The ultimate well-being experience where you can truly find yourself.



GIVENCHY SIGNATURE TREATMENTS

Exceptional rituals
by Givenchy

LE SOIN NOIR RENAISSANCE INTEGRALE *Face and body*

The most precious of all Givenchy skincare lines, Le Soin Noir draws its extraordinary regenerative powers from age-old algae capable of surviving in the darkest depths of the ocean. It is a treasure trove of anti-aging effects, optimised by a revitalising ritual specially developed by Givenchy. Skin is completely renewed, while a sense of well-being courses through the mind and body.

120 mins

“SIGNATURE” METROPOLE TREATMENT BY GIVENCHY *Face and body*

The luxury of a custom-tailored treatment: this bespoke ritual is designed to meet your needs and desires at any given moment. Targeted treatments and next-generation products are combined to enhance the skin’s beauty, restore radiance and relieve tension.... Just for you.

90 mins

GIVENCHY FACIAL TREATMENTS

Enhance your skin’s natural beauty, boost radiance and reveal youthfulness... Givenchy facial treatments promise you all this and more thanks to advanced formulas and expert rituals: miracles of performance boosted by a cooling effect that contrasts delightfully with the heat spreading through your body. These protocols are combined with a relaxing hand massage.

LE SOIN NOIR *Signature facial treatment*

A legendary treatment from the House of Givenchy, Le Soin Noir offers exceptional regenerative powers using precious active ingredients extracted from ancient algae that can survive in extreme ocean environments. Skin appears more luminous, smoother and more even, as if reborn. Its beauty is revealed.

90 mins

L’INTEMPOREL *Anti-aging treatment*

When time stands still... This voluptuous treatment meets all your skin’s essential needs to eliminate the signs of aging, one by one. Lines and wrinkles appear reduced, pores are refined and the complexion becomes brighter, for skin that glows with youth.

75 mins

HYDRA SPARKLING *Intense moisturising treatment*

A burst of moisture to quench the skin, this sensory treatment comes to the rescue of even the driest and most sensitive skins. Infused with ultra-hydrating ingredients acting at the heart of the cells, this ritual plumps up skin and restores its luminosity.

60 mins

CITY SKIN SOLUTION

Energising and protective treatment

This innovative treatment is aimed at dull, tired-looking skin due to the stress of city life. It promises revitalised, illuminated and energised skin. With this treatment, the skin cells’ natural defences are boosted against daily aggressions.

60 mins

SHINE NO MORE

Intense purifying treatment

Ideal for younger skin, this purifying and perfecting treatment eliminates impurities, rebalances the epidermis and refines the skin texture. It boosts radiance instantly, leaving the complexion flawlessly matte.

60 mins

GIVENCHY MAN

Specific treatment for men

This expert treatment awakens, soothes and purifies, offering the perfect solution to all male skin issues. In addition to this, a neck and shoulder massage relieves even the slightest tension for total relaxation.

60 mins

THE GIVENCHY MAKEOVER

Take the Givenchy beauty experience one step further with makeup rituals born from the House’s creative freedom and colour expertise.

MAKEUP LESSON

90 mins

DAY/EVENING MAKEUP

60 mins

EXPRESS MAKEUP

30 mins

GIVENCHY MASSAGES

Skilfully choreographed rituals, personalised to meet your needs and expectations. Each treatment awakens your senses with a gentle heat to comfort your body, while a delicious freshness is applied to the face, leaving you glowing and awake. These massages are non-therapeutic and non-medical treatments designed for well-being and relaxation. Most are available in either 60- or 90-minute sessions.

DIVINE HARMONY

A massage with natural and enveloping motions for a moment of pure relaxation and well-being. A ritual that benefits your body and helps you let go, focus on yourself and forget the stresses of daily life.

60/90 mins

MUSCLE COACHING

The perfect treatment to complement physical training. This deep massage prepares the muscles for exertion before a session at the gym. When performed after a workout, it relieves stiffness and contractures and combats muscle fatigue to optimise recovery.

60/90 mins

ENERGY BOOST

A precise technique to kickstart energy flows and restore balance to the entire body. A revitalising experience that will put a spring back in your step.

60/90 mins

ANTI-GRAVITY

Light fluid movements stimulate blood circulation and lymphatic drainage to eliminate toxins while relaxing the body. A gentle but highly effective detox that will leave you walking on air.

60/90 mins



MOTHER-TO-BE

A moment of pampering specifically designed for pregnant women: available from the third month to the end of the seventh month, this gentle massage helps to improve blood circulation, reduce feelings of heavy legs, promote better sleep and relieve muscle pains and tension associated with pregnancy.

60 mins

STRESS RELIEF

Back, shoulders, trapezius, head: this massage focuses on the upper body where tension can build up as a result of a hectic schedule and the stresses of daily life. For a loose, supple body and a weight off the mind...

45 mins

GIVENCHY BODY TREATMENTS

Two essential protocols for a revitalised, purified and illuminated skin. In one word: magnified.

THE TONING SCRUB

For men and women

The exfoliating formula is applied using a dynamic technique to slough away dead skin cells while activating blood circulation and boosting cellular metabolism. Skin is softer, more luminous and more toned. It is also prepared for treatments, helping them to get absorbed more easily for maximum effectiveness.

45 mins

THE PAMPERING WRAP

For men and women

When cell regeneration is combined with ultimate relaxation... The perfect way to follow a body scrub, this ultra-comforting wrap nourishes the skin deep down and stimulates cell renewal to prevent skin aging. Skin is suppler and more radiant, and tension disappears.

45 mins

GIVENCHY INTERLUDES

A duo or trio of body and/or facial treatments combined to meet your specific needs and desires.

CELESTIAL BODY INTERLUDE

Scrub, wrap and voluptuous body massage

A deep scrub followed by a smooth and extra-nourishing wrap, finished off with a soothing massage that will chase away tension. The result is incomparably soft, refined skin, not to mention a rare sense of well-being...

120 mins

ANTI-JET LAG INTERLUDE

Body massage and facial treatment specifically for travel

Jet lag, stress and muscle tension: this ritual has been specifically designed to target travel-related issues. Ideal right after getting off a plane, it combines a body massage to help you get onto local time more quickly and a facial treatment that brightens the complexion and smooths the features.

90 mins

ALL-AROUND BEAUTY INTERLUDE

Draining body massage and illuminating facial treatment

A two-step ritual for a complete make-over from head to toe – literally. The massage combines manual endermology techniques and draining movements to tone the body and firm up the skin. The facial treatment offers a dazzling radiance boost...

75 mins

Spa METROPOLE by
GIVENCHY

The images in this press kit can be downloaded at this address:
www.givenchybeautybox.com

Press use only
Photo credits: Hotel Metropole Monte-Carlo/Christian Larit/Bernard Touillon/Charly Hel – Pix’Hel Productions

Made in France - P517002 Design - ETOILE ROUGE

GIVENCHY